

DESTINATION TRAIN-THE-TRAINER DAILY SCHEDULE

<u>Time Zone</u>	<u>Day 1</u>	<u>CLASS BLOCK A</u>	<u>Break: 30min</u>	<u>CLASS BLOCK B</u>	<u>Break: 30min</u>	<u>CLASS BLOCK C</u>	<u>Break: 30min</u>	<u>Wrap-Up</u>
	<u>Start/Stop time</u>	<i><u>Zoom Invite 1</u></i>		<i><u>Zoom Invite 2</u></i>		<i><u>Zoom Invite 3</u></i>		<i><u>Zoom 4</u></i>
Pacific	8:00 AM-2:30 PM	8:00 AM - 9:30 AM	9:30-10:00 AM	10:00 AM - 11:30 AM	11:30-12:00 Noon	12:00 PM - 1:30 PM	1:30-2:00	2:00-2:30
Mountain	9:00 AM-3:30 PM	9:00 AM - 10:30 AM	10:30-11:00 AM	11:00 AM - 12:30 PM	12:30-1:00 PM	1:00 PM - 2:30 PM	2:30-3:00	3:00-3:30
Central	10:00 AM-4:30 PM	10:00 AM - 11:30 AM	11:30-12 Noon	12:00 PM - 1:30 PM	1:30-2:00 PM	2:00 PM - 3:30 PM	3:30-4:00	4:00-4:30
Eastern	11:00 AM-5:30 PM	11:00 AM - 12:30 PM	12:30-1:00 PM	1:00 PM - 2:30 PM	2:30-3:00 PM	3:00 PM - 4:30 PM	4:30-5:00	5:00-5:30

<u>Time Zone</u>	<u>Day 2</u>	<u>CLASS BLOCK D</u>	<u>Break: 30min</u>	<u>CLASS BLOCK E</u>	<u>Break: 30min</u>	<u>CLASS BLOCK F</u>	<u>Break: 30min</u>	<u>Wrap-Up</u>
	<u>Start/Stop time</u>	<i><u>Zoom Invite 5</u></i>		<i><u>Zoom Invite 6</u></i>		<i><u>Zoom Invite 7</u></i>		<i><u>Zoom 8</u></i>
Pacific	8:00 AM-2:30 PM	8:00 AM - 9:30 AM	9:30-10:00 AM	10:00 AM - 11:30 AM	11:30-12:00 Noon	12:00 PM - 1:30 PM	1:30-2:00	2:00-2:30
Mountain	9:00 AM-3:30 PM	9:00 AM - 10:30 AM	10:30-11:00 AM	11:00 AM - 12:30 PM	12:30-1:00 PM	1:00 PM - 2:30 PM	2:30-3:00	3:00-3:30
Central	10:00 AM-4:30 PM	10:00 AM - 11:30 AM	11:30-12 Noon	12:00 PM - 1:30 PM	1:30-2:00 PM	2:00 PM - 3:30 PM	3:30-4:00	4:00-4:30
Eastern	11:00 AM-5:30 PM	11:00 AM - 12:30 PM	12:30-1:00 PM	1:00 PM - 2:30 PM	2:30-3:00 PM	3:00 PM - 4:30 PM	4:30-5:00	5:00-5:30

<u>Time Zone</u>	<u>Day 3</u>	<u>CLASS BLOCK G</u>	<u>Break: 30min</u>	<u>CLASS BLOCK H</u>	<u>Break: 30min</u>	<u>CLASS BLOCK I</u>	<u>Break: 30min</u>	<u>Wrap-Up</u>
	<u>Start/Stop time</u>	<i><u>Zoom Invite 9</u></i>		<i><u>Zoom Invite 10</u></i>		<i><u>Zoom Invite 11</u></i>		<i><u>Zoom 12</u></i>
Pacific	8:00 AM-2:30 PM	8:00 AM - 9:30 AM	9:30-10:00 AM	10:00 AM - 11:30 AM	11:30-12:00 Noon	12:00 PM - 1:30 PM	1:30-2:00	2:00-2:30
Mountain	9:00 AM-3:30 PM	9:00 AM - 10:30 AM	10:30-11:00 AM	11:00 AM - 12:30 PM	12:30-1:00 PM	1:00 PM - 2:30 PM	2:30-3:00	3:00-3:30
Central	10:00 AM-4:30 PM	10:00 AM - 11:30 AM	11:30-12 Noon	12:00 PM - 1:30 PM	1:30-2:00 PM	2:00 PM - 3:30 PM	3:30-4:00	4:00-4:30
Eastern	11:00 AM-5:30 PM	11:00 AM - 12:30 PM	12:30-1:00 PM	1:00 PM - 2:30 PM	2:30-3:00 PM	3:00 PM - 4:30 PM	4:30-5:00	5:00-5:30