

Time Zone	TUESDAY	CLASS BLOCK A	Break: 30min	CLASS BLOCK B	Break: 30min	CLASS BLOCK C	Break: 30min	Wrap-Up
	Start/Stop time	Zoom Invite 1		Zoom Invite 2		Zoom Invite 3		Zoom 4
Pacific	8:00 AM-2:30 PM	8:00 AM - 9:30 AM	9:30-10:00 AM	10:00 AM - 11:30 AM	11:30-12:00 Noon	12:00 PM - 1:30 PM	1:30-2:00	2:00-2:30
Mountain	9:00 AM-3:30 PM	9:00 AM - 10:30 AM	10:30-11:00 AM	11:00 AM - 12:30 PM	12:30-1:00 PM	1:00 PM - 2:30 PM	2:30-3:00	3:00-3:30
Central	10:00 AM-4:30 PM	10:00 AM - 11:30 AM	11:30-12 Noon	12:00 PM - 1:30 PM	1:30-2:00 PM	2:00 PM - 3:30 PM	3:30-4:00	4:00-4:30
Eastern	11:00 AM-5:30 PM	11:00 AM - 12:30 PM	12:30-1:00 PM	1:00 PM - 2:30 PM	2:30-3:00 PM	3:00 PM - 4:30 PM	4:30-5:00	5:00-5:30

Time Zone	WEDNESDAY	CLASS BLOCK D	Break: 30min	CLASS BLOCK E	Break: 30min	CLASS BLOCK F	Break: 30min	Wrap-Up
	Start/Stop time	Zoom Invite 5		Zoom Invite 6		Zoom Invite 7		Zoom 8
Pacific	8:00 AM-2:30 PM	8:00 AM - 9:30 AM	9:30-10:00 AM	10:00 AM - 11:30 AM	11:30-12:00 Noon	12:00 PM - 1:30 PM	1:30-2:00	2:00-2:30
Mountain	9:00 AM-3:30 PM	9:00 AM - 10:30 AM	10:30-11:00 AM	11:00 AM - 12:30 PM	12:30-1:00 PM	1:00 PM - 2:30 PM	2:30-3:00	3:00-3:30
Central	10:00 AM-4:30 PM	10:00 AM - 11:30 AM	11:30-12 Noon	12:00 PM - 1:30 PM	1:30-2:00 PM	2:00 PM - 3:30 PM	3:30-4:00	4:00-4:30
Eastern	11:00 AM-5:30 PM	11:00 AM - 12:30 PM	12:30-1:00 PM	1:00 PM - 2:30 PM	2:30-3:00 PM	3:00 PM - 4:30 PM	4:30-5:00	5:00-5:30

Time Zone	THURSDAY	CLASS BLOCK G	Break: 30min	CLASS BLOCK H	Break: 30min	CLASS BLOCK I	Break: 30min	Wrap-Up
	Start/Stop time	Zoom Invite 9		Zoom Invite 10		Zoom Invite 11		Zoom 12
Pacific	8:00 AM-2:30 PM	8:00 AM - 9:30 AM	9:30-10:00 AM	10:00 AM - 11:30 AM	11:30-12:00 Noon	12:00 PM - 1:30 PM	1:30-2:00	2:00-2:30
Mountain	9:00 AM-3:30 PM	9:00 AM - 10:30 AM	10:30-11:00 AM	11:00 AM - 12:30 PM	12:30-1:00 PM	1:00 PM - 2:30 PM	2:30-3:00	3:00-3:30
Central	10:00 AM-4:30 PM	10:00 AM - 11:30 AM	11:30-12 Noon	12:00 PM - 1:30 PM	1:30-2:00 PM	2:00 PM - 3:30 PM	3:30-4:00	4:00-4:30
Eastern	11:00 AM-5:30 PM	11:00 AM - 12:30 PM	12:30-1:00 PM	1:00 PM - 2:30 PM	2:30-3:00 PM	3:00 PM - 4:30 PM	4:30-5:00	5:00-5:30